

Centennial School District

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Superintendent

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COMMITTEE/BOARD AGENDA ITEM

TO: Board of School Directors

DATE: September 17, 2020

RE: Revised Athletics Health and Safety Plan

I support the following request:

Office/Department	Superintendent's Office
Item Attached	Revised Athletics Health and Safety Plan
Description:	The Athletics Health and Safety Plan, previously approved by the Board of School Directors on June 23, 2020 and September 8, 2020, has been revised to include the middle schools. Items highlighted have been revised or added to include the new information.
Cost	N/A
Funds Allocated in Department Budget Account	N/A
Budget Transfer Required	<input type="checkbox"/> Yes <input checked="" type="checkbox"/> No
Cabinet Discussion	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No
Solicitor Review for Contract/Agreement	<input type="checkbox"/> Yes <input type="checkbox"/> No <input checked="" type="checkbox"/> N/A
Anticipated Approval Date	September 22, 2020
Other information:	

Please contact me with any questions or comments regarding this information.



PK-12 Athletics Health and Safety Plan Template

The decision to resume sports-related activities, including conditioning, practices and games, is within the discretion of a school entity's governing body. Each school entity must develop and adopt an Athletics Health and Safety Plan aligning to the PDE Preliminary Guidance for Phased Reopening of Pre-K to 12 Schools prior to conducting sports-related activities with students. The plan must include the provisions of this guidance, be approved by the local governing body of the school entity, and be posted on the school entity's publicly available website. School entities should also consider whether the implementation of the plan requires the adoption of a new policy or revision of an existing policy.

Each school entity should continue to monitor its Athletics Health and Safety Plan throughout the year and update as needed. All revisions should be reviewed and approved by the governing body prior to posting on the school entity's public website.

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Athletics Health and Safety Plan: William Tennent High School, Klinger and Log College Middle Schools

All decision-makers should be mindful that as long as there are cases of COVID-19 in the community, there are no strategies that completely eliminate transmission risk within a school population. The goal is to keep transmission as low as possible to safely continue school activities. All school activities must be informed by [Governor Wolf's Process to Reopen Pennsylvania](#). The administration has categorized reopening into three broad phases: red, yellow, or green. These designations signal how counties and/or regions may begin easing some restrictions on school, work, congregate settings, and social interactions:

- Red Phase: Schools remain closed for in-person instruction and no sports are allowed in counties designated as being in the Red Phase.
- Yellow Phase and Green Phase: Schools may resume sports-related activities after developing a written Athletics Health and Safety Plan, to be approved by the local governing body (e.g. board of directors/trustees) and posted on the school entity's publicly available website.

Use this template to document your LEA's plan to bring back student athletes and coaching staff, how you will communicate the type with stakeholders in your community, and the process for continued monitoring of local health data to assess implications for school sports-related activity operations and potential adjustments throughout the school year.

Your school entity should account for changing conditions in your local Athletics Health and Safety Plan to ensure seamless transition from more to less restrictive conditions in each of the phase requirements as needed. Depending upon the public health conditions in any county within the Commonwealth, there could be additional actions, orders, or guidance provided by the Pennsylvania Department of Education (PDE) and/or the Pennsylvania Department of Health (DOH) designating the county as being in the red, yellow, or green phase. Some counties may not experience a straight path from a red designation, to a yellow, and then a green designation. Instead, cycling back and forth between less restrictive to more restrictive designations may occur as public health indicators improve or worsen.

Resuming PK-12 Sports-Related Activities

Key Questions

- How do you plan to bring student athletes and staff back to physical school buildings, particularly if social distancing is still required?
- How did you engage stakeholders in the decision to resume sports-related activities, including try-outs, conditioning, practices, and games?
- How will you communicate your plan to your local sports and school communities?
- Once you resume sports-related activities, what will the decision-making process look like to prompt a school closure or other significant modification to sports activities?

Anticipated launch date for sports related activities:

William Tennent: Wednesday, July 1, 2020 – Voluntary Workouts

Monday, August 31, 2020 – Return to Competition practices / tryouts

Klinger and Log College: Tuesday, September 29, 2020 – Return to Competition practices/tryouts

Primary Point of Contact

Each school entity must designate a primary point of contact with defined roles and responsibilities for health and safety preparedness and response planning for sports-related activities. The point of contact will be responsible for responding to all questions related to COVID-19. All parents, student athletes, officials, and coaches must be provided the person's contact information.

William Tennent High
John Creighton
Director of Athletics
creijo@centennialsd.org
215-441-6181 x12501

Klinger Middle
David Jones
Director of Athletics
joneda@centennialsd.org
215-364-5950

Log College Middle
Mark Swartwood
Director of Athletics
swarma@centennialsd.org
215-441-6000 x 14131

Key Strategies, Policies, and Procedures

Use the action plan templates on the following pages to create a thorough plan for each of the requirements outlined in the [Pennsylvania Guidance for All Sports Permitted to Operate During the COVID-19 Disaster Emergency](#).

For each domain of the Athletics Health and Safety Plan, draft a detailed summary describing the key strategies, policies, and procedures your LEA will employ to satisfy the requirements of the domain. The domain summary will serve as the public-facing description of the efforts your LEA will take to ensure health and safety of every stakeholder in your local education community. Thus, the summary should be focused on the key information that staff, students, and families will require to clearly understand your local plan for the phased reopening of schools. Use the key questions to guide your domain summaries.

For each requirement within each domain, document the following:

- **Action Steps under Yellow and Green Phase:** Identify the discrete action steps required to prepare for and implement the requirement under the guidelines outlined for counties in yellow or green. List the discrete action steps for each requirement in sequential order.
- **Lead Individual(s) and Position(s):** List each person responsible for ensuring the action steps are fully planned and the system is prepared for effective implementation.
- **Materials, Resources, and/or Supports Needed:** List any materials, resources, or supports required to implement the requirement.

• **Professional Development (PD) Required:** Identify the training or professional development that will be provided to staff, students, families, and other stakeholders to implement each requirement effectively.

In the following tables, an asterisk (*) denotes a mandatory element of the plan. All other requirements are highly encouraged to the extent possible.

Cleaning, Sanitizing, Disinfecting, and Ventilation

Key Questions

- How will you ensure the athletic facilities are cleaned and ready to safely welcome coaching staff and student athletes?
- How often will you implement cleaning, sanitation, disinfecting, and ventilation protocols/procedures to maintain coaching staff and student athlete safety?
- What protocols will you put in place to clean and disinfect throughout the day?

- Which stakeholders will be trained on cleaning, sanitizing, disinfecting, and ventilation protocols? When and how will the training be provided? How will preparedness to implement as a result of the training be measured?

Summary of Responses to Key Questions:

Requirements	Action Steps under Yellow Phase	Action Steps under Green Phase	Lead Individual and Position	Materials, Resources, and or Supports Needed	PD Required (Y/N)
<p>* Cleaning, sanitizing, disinfecting, and ventilating learning spaces, surfaces, and any other areas used by students (i.e., restrooms, drinking fountains, hallways, and transportation)</p>	<p>All drinking fountains will be closed and mouthpieces taped. Bottle fillers will be in use where applicable. Each closed fountain will be flushed at the end of each day.</p> <p>All frequently touched surfaces will be cleaned, sanitized & disinfected at least 1x/day 5 days per week per CDC Guidance</p> <p>Evening whole room & hallway walls (where applicable) disinfecting via “Bio Blaster.”</p> <p>HVAC will stay on per normal school day routine to ensure airflow to all areas</p>	<p>All drinking fountains will be closed and mouthpieces taped. Bottle fillers will be in use where applicable. Each closed fountain will be flushed at the end of each day.</p> <p>All frequently touched surfaces will be cleaned, sanitized & disinfected at least 1x/day 5 days per week per CDC Guidance</p> <p>Evening whole room & hallway walls (where applicable) disinfecting via “Bio Blaster.”</p> <p>HVAC will stay on per normal school day routine to ensure airflow to all areas</p>	<p>Director of Facilities – Building Lead</p>		<p>N</p>

Requirements	Action Steps under Yellow Phase	Action Steps under Green Phase	Lead Individual and Position	Materials, Resources, and or Supports Needed	PD Required (Y/N)
Other cleaning, sanitizing, disinfecting, and ventilation practices	All Coaches will have a daily disinfectant Spray bottle with “Ken-Clean Plus” for surface cleaning before and after voluntary workouts	All Coaches will have a daily disinfectant Spray bottle with “Ken-Clean Plus” for surface cleaning before and after practice	Athletic Director	Ken-Clean Plus – Already supplied at schools	N
	All coaches will complete a COVID-19 online certification course	All coaches will complete a COVID-19 online certification course		Safe Sports / NFHS	Y
	All District Custodial Staff will be trained on proper chemical application, PPE, and bodily fluid cleanup	All District Custodial Staff will be trained on proper chemical application, PPE, and bodily fluid cleanup	Director of Facilities – Building Lead	EPA Approved Disinfectant & PPE	Completed
	For devices and materials that must be shared, ensure cleaning and disinfecting between uses.	For devices and materials that must be shared, ensure cleaning and disinfecting between uses. Impact testing will use personal chrome books.	ALL	None	N
	If there is an individual with a suspected or confirmed case, PADOH only recommends closing and cleaning the area of the building where that individual occupied.	If there is an individual with a suspected or confirmed case, PADOH only recommends closing and cleaning the area of the building where that individual occupied.	Director of Facilities – Building Lead	None	N
	District will utilize EPA approved disinfectants against COVID-19 as well as disinfectants containing hydrogen peroxide & /or alcohol.	District will utilize EPA approved disinfectants against COVID-19 as well as disinfectants containing hydrogen peroxide & /or alcohol.			

Social Distancing and Other Safety Protocols

Key Questions

- How will conditioning, practice, and game spaces be organized and scheduled to mitigate spread?
- How will you group student athletes with coaches to limit the number of individuals who come into contact with one another throughout the conditioning, practices, meetings, team meals, games, etc.?
- What policies and procedures will govern use of other communal spaces (locker rooms, restrooms)?
- How will you utilize outdoor space to meet social distancing requirements?
- What hygiene routines will be implemented?
- How will you adjust student transportation to meet social distancing requirements?
- How will social distancing and other safety protocols vary based on age ranges?
- Which stakeholders will be trained on social distancing and other safety protocols? When and how will the training be provided?
- **Summary of Responses to Key Questions:**

Requirements	Action Steps under Yellow Phase	Action Steps under Green Phase	Lead Individual and Position	Materials, Resources, and or Supports Needed	PD Required (Y/N)
* Protocols for social distancing student athletes and staff throughout all activities, to the maximum extent feasible	Maximum workouts of 25 broken down in pods that will not exceed 10 during outdoor only activities / No Locker rooms or weight rooms accessible. 1 student in restroom at a time. All team meetings are in a virtual setting. During any instruction or sitting on benches, social distancing rules apply and masks will be worn.	Maximum practices of 25 indoors and up to 250 outdoors / No Locker rooms or weight rooms accessible. 1 student in restroom at a time (added porta potty to all fields). All team meetings are in a virtual setting or with staff and students with masks on using social distancing. During any instruction or sitting on benches, social distancing rules apply and masks will be worn. During competition, students and staff on sidelines will wear masks and use social distancing when available. Middle schools will not be utilizing indoor facilities for fall sports.	Athletic Directors	Daily logs	N

Requirements	Action Steps under Yellow Phase	Action Steps under Green Phase	Lead Individual and Position	Materials, Resources, and or Supports Needed	PD Required (Y/N)
* Procedures for serving food at events	None	None unless we progress further	Athletic Directors	none	N
* Hygiene practices for students and staff including the manner and frequency of hand-washing and other best practices	Coaches – Masks at all times Students – Will bring their own water bottles and cannot share. Hand washing in restrooms (one at a time) Sanitizing and disinfectant will be available for all teams	Coaches – Masks at all times Students – Will bring their own water bottles and cannot share. Hand washing in restrooms/ porta potties (one at a time) Sanitizing and disinfectant will be available for all teams	Athletic Directors	Disinfectants	N
* Posting signs, in highly visible locations, that promote everyday protective measures, and how to stop the spread of germs	Posters as reminders in traffic areas One Page FAQ sheets available (CDC Guidelines) Coaches – Discussions and daily logs for every student	Posters as reminders in traffic areas One Page FAQ sheets available (CDC Guidelines) Coaches – Discussions and daily logs for every student Athletic Training room has been reconfigured to ensure social distancing for students that need treatment and those waiting in line.	Robert Whartenby Athletic Directors	Posters / Online resource	N
* Identifying and restricting non-essential visitors and volunteers	No spectators, fans, parents allowed on campus during voluntary workouts. Parents will be asked to stay in their cars during drop off and pickup	No spectators, fans, parents allowed on campus during voluntary workouts. Parents will be asked to stay in their cars during drop off and pickup	Athletic Directors	Letter prior to start of workouts	N
Limiting the sharing of materials among students	Scheduling of groups will be spaced out to ensure any shared equipment is disinfected when one group leaves and a second time when the next group arrives.	Each team will have a specific parking area and practice area to ensure no teams cross paths during their time on campus.	Athletic Directors		N

Requirements	Action Steps under Yellow Phase	Action Steps under Green Phase	Lead Individual and Position	Materials, Resources, and or Supports Needed	PD Required (Y/N)
Staggering the use of communal spaces and hallways	No indoor access	Limited indoor access – Gym practices will have a maximum total of 25. Weight room 10 person maximum during staggered workout schedule and will only open when Volleyball is not in the gym (too close in proximity). Middle schools – no indoor access	Athletic Directors		N
Adjusting transportation schedules and practices to create social distance between students	No off campus events. Staggered workout schedule to ensure no crossover in groups	Golf and Cross Country will complete daily screenings on campus prior to departing for practice or competition off campus. Transportation for high school practices will be not provided by school. Transportation for middle school practices will be provided. Transportation to competitions will be provided by school. Staggered workout schedule at the high school to ensure no crossover in groups	Athletic Directors		N
Limiting the number of individuals in athletic activity spaces, and interactions between groups of student athletes	All groups will be spaced out using a staggered daily scheduled and field location on campus. No groups will crossover or interact before, during or after voluntary workouts	All groups will be spaced out using a staggered daily scheduled and field location on campus. No groups will crossover or interact before, during or after practices.	Athletic Directors		N
Other social distancing and safety practices	The campus allows for plenty of spacing of groups to ensure social distancing and a staggered schedule, where applicable	The campus allows for plenty of spacing of groups to ensure social distancing and a staggered schedule, where applicable			N

Monitoring Student Athletes and Staff Health

Key Questions

- How will you monitor student athletes, coaches, and others who interact with each other to ensure they are healthy and not exhibiting signs of illness?
- Who will be responsible for monitoring?
- Where will the monitoring take place?
- When and how frequently will the monitoring take place?
- What is the policy for quarantine or isolation if a coach, student athlete, or other member of the school community becomes ill

or has been exposed to an individual confirmed positive for COVID-19? What conditions will a coach or student athlete confirmed to have COVID-19 need to meet to safely return to sports activities? Which staff will be responsible for making decisions regarding quarantine or isolation requirements of coaches or student athletes?

- When and how will families be notified of confirmed coach or student athlete illness or exposure and resulting changes to the local Athletics Health and Safety Plan?
- Which stakeholders will be trained on protocols for monitoring student athlete and staff health? When and how will the training be provided?
- **Summary of Responses to Key Questions:**

Requirements	Action Steps under Yellow Phase	Action Steps under Green Phase	Lead Individual and Position	Materials, Resources, and or Supports Needed	PD Required (Y/N)
<p>* Monitoring students and staff for symptoms and history of exposure</p>	<p>All coaches and students should be screened for signs/symptoms of COVID-19 prior to a workout.</p> <p>Daily Survey will be administered by Coaching staff</p> <p>Students participating will have a parent permission slip for voluntary workouts</p> <p>Monitor student and employee absenteeism closely, as absenteeism may be an early warning system of larger health concerns.</p>	<p>All coaches and students should be screened for signs/symptoms of COVID-19 prior to practice.</p> <p>Daily Screening will be administered by Athletic Trainers and Athletic Department.</p> <p>Students participating will have a valid PIAA medical clearance and parent permission slip for practices that includes the most up to date risks involved. 7/27- The addition of the risk of Cardiomyopathy must be included in participation waiver 2.0.</p> <p>Monitor student and employee absenteeism closely, as absenteeism may be an early warning system of larger health concerns.</p>	<p>Athletic Directors/ Athletic Trainer</p>	<p>Computer access / online resources</p>	<p>Y</p>
<p>* Isolating or quarantining students, staff, or visitors if they become sick or demonstrate a history of exposure</p>	<p>Staff is instructed to stay home if they are sick and parents are urged to keep sick children home.</p> <p>An isolation room will be created solely for the purpose of isolating any occupant who has symptoms.</p>	<p>Staff is instructed to stay home if they are sick and parents are urged to keep sick children home.</p> <p>An isolation room will be created solely for the purpose of isolating any occupant who has symptoms. Outdoor events have 4 isolation areas (Baseball dugouts / Softball dugouts / Concession stand / Soccer shed) Indoor isolation room will be the concession stand.</p>	<p>Athletic Directors/ Athletic Trainer</p>		

Requirements	Action Steps under Yellow Phase	Action Steps under Green Phase	Lead Individual and Position	Materials, Resources, and or Supports Needed	PD Required (Y/N)
* Returning isolated or quarantined staff, students, or visitors to school	<p>Presumptive Symptomatic Persons can return to the building if they have met the following criteria: 3 days with no fever, and symptoms improved, and it has been 10 days since symptoms were discovered.</p> <p>If you have tested positive and are asymptomatic, you can return to the building if you have met the following criteria: 10 days have passed since initial test. If you are symptomatic, 14 days with a doctor's note to return.</p> <p>If you have had close contact with someone with COVID-19, you are required to stay home for 14 days after exposure based on the time it takes to develop illness.</p>	<p>Presumptive Symptomatic Persons can return to the building if they have met the following criteria: 3 days with no fever, and symptoms improved, and it has been 10 days since symptoms were discovered.</p> <p>If you have tested positive and are asymptomatic, you can return to the building if you have met the following criteria: 10 days have passed since initial test. If you are symptomatic, 14 days with a doctor's note to return and clearance from a cardiologist.</p> <p>If you have had close contact with someone with COVID-19, you are required to stay home for 14 days after exposure based on the time it takes to develop illness.</p>	Athletic Directors/ Athletic Trainer		N
Notifying staff, families, and the public of school closures and within-school-year changes in safety protocols	<p>Any changes in conditions will be announced via social media, website, and Eblast</p> <p>All coaches will use their one-way group communication app (TeamSnap / Remind) to ensure all students are notified immediately of any change</p>	<p>Any changed in conditions will be announced via social media, website, and Eblast</p> <p>All coaches will use their one-way group communication app (TeamSnap / Remind) to ensure all students are notified immediately of any change</p>	Athletic Directors/ Athletic Trainer		N
Other monitoring and screening practices	Any changes to CDC, DOH or PDE protocols will be added to plan	Any changes to CDC, DOH or PDE protocols will be added to plan	Athletic Directors/ Athletic Trainer		N

Other Considerations for Student Athletes and Staff

Key Questions

- How will you determine which coaches and other athletic staff are willing/able to return? How will you accommodate staff who are unable or unwilling to return?
- How will you determine which student athletes are willing/able to return? How will you accommodate student athletes who are unable or unwilling return?
- What is the local policy/procedure regarding face coverings for all coaches and athletic staff? What is the policy/procedure for student athletes?
- What special protocols will you implement to protect student athletes and staff at higher risk for severe illness?
- How will you address coaches and other athletic staff who are ill, or who have family members who have become ill?
- How will you manage teams in the event of coaching staff illness? Do you have substitute coaches available?
- Which stakeholders will be trained on these protocols? When and how will the training be provided? **Summary of**

Responses to Key Questions:

Requirements	Action Steps under Yellow Phase	Action Steps under Green Phase	Lead Individual and Position	Materials, Resources, and or Supports Needed	PD Required (Y/N)
* Protecting students and staff at higher risk for severe illness	Students and staff who are at risk are not required to participate on campus, but will be asked to participate via virtual options provided by each Coach	Students and staff who are at risk are not required to participate on campus, but will be asked to participate via virtual options provided by each Coach	Athletic Directors/ Athletic Trainer		N
* Use of face coverings (masks or face shields) by all staff	Unless staff or student is isolated in their personal office space when unshared with any other person, all staff are required to utilize either a face shield or face covering (i.e.: cloth mask, scarf or bandana)	Unless staff or student is isolated in their personal office space when unshared with any other person, all staff are required to utilize either a face shield or face covering (i.e.: cloth mask, scarf or bandana)	Athletic Directors/ Athletic Trainer		N

Requirements	Action Steps under Yellow Phase	Action Steps under Green Phase	Lead Individual and Position	Materials, Resources, and or Supports Needed	PD Required (Y/N)
	<p>Face coverings are not expected to be worn while eating or drinking. Social distancing techniques should then be applied.</p> <p>Cloth face coverings should not be worn if the face covering impedes their vision, if they have a medical condition, or wearing a face covering would create an unsafe condition to operate equipment or execute a task.</p>	<p>Face coverings are not expected to be worn while eating or drinking. Social distancing techniques should then be applied.</p> <p>Cloth face coverings should not be worn if the face covering impedes their vision, if they have a medical condition, or wearing a face covering would create an unsafe condition to operate equipment or execute a task.</p>	Athletic Directors/ Athletic Trainer		N
Unique safety protocols for students with complex needs or other vulnerable individuals	Per PADOH, Staff and students with medical conditions are not expected to wear a face covering but should social distance with others.	Per PADOH, Staff and students with medical conditions are not expected to wear a face covering but should social distance with others.	Athletic Directors/ Athletic Trainer		N
Strategic deployment of staff	A member of the COVID-19 team will be designated at WTHS to monitor the health of the occupants and endorse the requirements under the plan.	A member of the COVID-19 team will be designated at the schools to monitor the health of the occupants and endorse the requirements under the plan.	Athletic Directors/ Athletic Trainer		N

Athletics Health and Safety Plan Professional Development

The success of your plan for resuming sports-related activities safely requires all stakeholders to be prepared with the necessary knowledge and skills to implement the plan as intended. For each item that requires staff training, document the following components of your professional learning plan.

- **Topic:** List the content on which the professional development will focus.
 - **Audience:** List the stakeholder group(s) who will participate in the learning activity.
 - **Lead Person and Position:** List the person or organization that will provide the professional learning.
 - **Session Format:** List the strategy/format that will be utilized to facilitate professional learning.
 - **Materials, Resources, and or Supports Needed:** List any materials, resources, or support required to implement the requirement.
- **Start Date:** Enter the date on which the first professional learning activity for the topic will be offered.
 - **Completion Date:** Enter the date on which the last professional learning activity for the topic will be offered.

Topic	Audience	Lead Person and Position	Session Format	Materials, Resources, and or Supports Needed	Start Date	Completion Date
COVID-19 (Safe Sports)	All Coaches	Athletic Director/Athletic Director	Online	Computer	Pre-start date	Prior to start date
Pre-Participation Waiver 2.0	All students	Athletic Director/Athletic Director	Online / hard copy	Computer	Pre-start date	Prior to any participation at tryouts / practice
Contact Tracing (Johns Hopkins University)	All Coaches	Athletic Director/Athletic Director	Online	Computer	07/01/2020	Daily
Daily Screening – QR Codes (High School)	All Coaches / Staff	Athletic Director/Athletic Director / Joslin Poole/Athletic Trainer	In person	Computer/Hard copies as back up	08/31/2020	Daily
Daily Screening – QR Codes (Middle Schools)	All Coaches / Staff	Athletic Director	In person	Hard copies	09/29/2020	Daily

Athletics Health and Safety Plan Communications

Timely and effective family and caregiver communication about sports-related health and safety protocols and schedules will be critical. Schools should be particularly mindful that frequent communications are accessible in non-English languages and to all caregivers (this is particularly important for children residing with grandparents or other kin or foster caregivers). Additionally, school entities should establish and maintain ongoing communication with local and state authorities to determine current mitigation levels in your community.

Topic	Audience	Lead Person and Position	Mode of Communications	Start Date	Completion Date
William Tennent High School					
Start of Fall 2020 Voluntary Workouts	All	Athletic Director	Social Media / E-Blast / Website	Pre 7/1/2020	Open
Daily Updates or Changes	All	Athletic Director	TeamSnap or Remind App / Website	7/1/2020	Open
Weekly Updates or Changes	All	Athletic Director	Social Media / E-Blast / Website	7/1/2020	Open
Confirmed Positive Case	All	Principal	E-Blast / Website / DOH	TBD	TBD
Superintendent weekly report	All	Athletic Director	Email	Weekly	TBD
Klinger and Log College Middle Schools					
COVID-19 Safe Sports	All Coaches	Athletic Director	Online/Computer	Pre-start date	Daily
Pre-participation Waiver 2.0	All Students	Athletic Director	Online/Hard copy	Pre-start date	Daily
Contact Tracing (Johns Hopkins Univ.)	All Coaches	Athletic Director	Online/Computer	9/29/2020	Daily
Daily Screening – Individual Checks	All Coaches/Staff	Athletic Director	In-person/Hard copies	9/29/2020	Daily

Athletics Health and Safety Plan Summary:

William Tennent High School - Anticipated Launch Date: Wednesday, July 1, 2020

Klinger and Log College Middle Schools – Anticipated Launch Date: Tuesday, September 29, 2020

Use these summary tables to provide your local education community with a detailed overview of your Athletics Health and Safety Plan. School entities are required to post this summary on their website. To complete the summary, copy and paste the domain summaries from the Athletics Health and Safety Plan tables above.

Facilities Cleaning, Sanitizing, Disinfecting, and Ventilation

Requirement(s)	Strategies, Policies and Procedures
<p>* Cleaning, sanitizing, disinfecting, and ventilating learning spaces, surfaces, and any other areas used by students (i.e., restrooms, drinking fountains, hallways, and transportation)</p>	<p>All drinking fountains will be closed and mouthpieces taped. Bottle fillers will be in use where applicable. Each closed fountain will be flushed at the end of each day.</p> <p>All frequently touched surfaces will be cleaned, sanitized & disinfected at least 1x/day 5 days per week per CDC Guidance</p> <p>Evening whole room & hallway walls (where applicable) disinfecting via “Bio Blaster.”</p> <p>HVAC will stay on per normal school day routine to ensure airflow to all areas</p>
	<p>All Coaches will have a daily disinfectant Spray bottle with “Ken-Clean Plus” for surface cleaning before and after voluntary workouts</p> <p>All coaches will complete a COVID-19 online certification course</p> <p>All District Custodial Staff will be trained on proper chemical application, PPE, and bodily fluid cleanup</p> <p>For devices and materials that must be shared, ensure cleaning and disinfecting between uses.</p> <p>If there is an individual with a suspected or confirmed case, PADOH only recommends closing and cleaning the area of the building where that individual occupied.</p>

Requirement(s)	Strategies, Policies and Procedures
	District will utilize EPA approved disinfectants against COVID-19 as well as disinfectants containing hydrogen peroxide & /or alcohol.

Social Distancing and Other Safety Protocols

Requirement(s)	Strategies, Policies and Procedures
<ul style="list-style-type: none"> * Protocols for social distancing student athletes and staff throughout all activities, to the maximum extent feasible * Procedures for serving food at events including team meetings and meals * Hygiene practices for student athletes and staff including the manner and frequency of hand-washing and other best practices * Posting signs, in highly visible locations, that promote everyday protective measures, and how to stop the spread of germs <p>Identifying and restricting non-essential visitors and volunteers</p> <p>Limiting the sharing of materials and equipment among student athletes</p> <p>Staggering the use of communal spaces (i.e., locker rooms, weight rooms, etc.)</p> <p>Adjusting transportation schedules and practices to create social distance between students</p>	<p>William Tennent High School: Maximum workouts of 25 broken down in pods that will not exceed 10 during outdoor only activities / No Locker rooms or weight rooms accessible. 1 student in restroom at a time. All team meetings are in a virtual setting. During any instruction or sitting on benches, social distancing rules apply and masks will be worn.</p> <p>Klinger and Log College Middle Schools: Maximum practices of 25 indoors and up to 250 outdoors / No Locker rooms or weight rooms accessible. 1 student in restroom at a time (added porta potty to all fields). All team meetings are in a virtual setting or with staff and students with masks on using social distancing. During any instruction or sitting on benches, social distancing rules apply and masks will be worn. During competition, students and staff on sidelines will wear masks and use social distancing when available.</p>

Requirement(s)	Strategies, Policies and Procedures
Limiting the number of individuals in athletic activity spaces and interactions between groups of student athletes Other social distancing and safety practices:	
	Coaches – Masks at all times Students – Will bring their own water bottles and cannot share. Hand washing in restrooms (one at a time) Sanitizing and disinfectant will be available for all teams
	Posters as reminders in traffic areas One Page FAQ sheets available (CDC Guidelines) Coaches – Discussions and daily logs for every student
	No spectators, fans, parents allowed on campus during voluntary workouts. Parents will be asked to stay in their cars during drop off and pickup
	Scheduling of groups will be spaced out to ensure any shared equipment is disinfected when one group leaves and a second time when the next group arrives.
	No indoor access
	No off campus events. Staggered workout schedule to ensure no crossover in groups
	All groups will be spaced out using a staggered daily scheduled and field location on campus. No groups will crossover or interact before, during or after voluntary workouts
	WTHS Campus allows for plenty of spacing of groups to ensure social distancing and a staggered schedule

Monitoring Student Athletes and Staff Health

Requirement(s)	Strategies, Policies and Procedures
<ul style="list-style-type: none"> * Monitoring student athletes and staff for symptoms and history of exposure 	All coaches and students should be screened for signs/symptoms of COVID-19 prior to a workout.

Requirement(s)	Strategies, Policies and Procedures
<ul style="list-style-type: none"> * Isolating or quarantining student athletes, coaching staff, or visitors if they become sick or demonstrate a history of exposure * Returning isolated or quarantined coaching staff, student athletes, or visitors to school <p>oNotifying coaching staff, families, and the public of cancellation of sports-related activities, school closures and other changes in safety protocols</p>	<p>Daily screening will be administered by Coaching staff/athletic trainers</p> <p>Students participating will have a valid PIAA medical clearance and parent permission slip for practices that include the most up to date risks involved. The addition of the risk of Cardiomyopathy must be included in participation waiver 2.0.</p> <p>Monitor student and employee absenteeism closely, as absenteeism may be an early warning system of larger health concerns.</p>
	<p>Staff is instructed to stay home if they are sick and parents are urged to keep sick children home.</p> <p>An isolation room will be created solely for the purpose of isolating any occupant who has symptoms.</p>
	<p>Presumptive Symptomatic Persons can return to the building if they have met the following criteria: 3 days with no fever, and symptoms improved, and it has been 10 days since symptoms were discovered.</p> <p>If you have tested positive and are asymptomatic, you can return to the building if you have met the following criteria: 10 days have passed since initial test. If you are symptomatic, 14 days with a doctor’s note to return.</p> <p>If you have had close contact with someone with COVID-19, you are required to stay home for 14 days after exposure based on the time it takes to develop illness.</p>
	<p>Any changed in conditions will be announced via social media, website, and Eblast</p> <p>All coaches will use their one-way group communication app (TeamSnap/Remind) to ensure all students are notified immediately of any change</p>
	<p>Any changes to CDC, DOH or PDE protocols will be added to plan</p>

Other Considerations for Student Athletes and Staff

Requirement(s)	Strategies, Policies and Procedures
<ul style="list-style-type: none"> * Protecting student athletes and coaching staff at higher risk for severe illness * Use of face coverings by all coaches and athletic staff * Use of face coverings by student athletes as appropriate <p>Unique safety protocols for student athletes with complex needs or other vulnerable individuals</p> <p>Management of Coaches and Athletic Staff</p>	<p>Students and staff who are at risk are not required to participate on campus, but will be asked to participate via virtual options provided by each Coach</p>
	<p>Unless staff or student is isolated in their personal office space when unshared with any other person, all staff are required to utilize either a face shield or face covering (i.e.: cloth mask, scarf or bandana)</p>
	<p>Face coverings are not expected to be worn while eating or drinking. Social distancing techniques should then be applied.</p> <p>Cloth face coverings should not be worn if the face covering impedes their vision, if they have a medical condition, or wearing a face covering would create an unsafe condition to operate equipment or execute a task.</p>
	<p>Per PADOH, Staff and students with medical conditions are not expected to wear a face covering but should social distance with others.</p>
	<p>A member of the COVID-19 team will be designated at WTHS to monitor the health of the occupants and endorse the requirements under the plan.</p>

Athletics Health and Safety Plan Governing Body Affirmation Statement

The Board of Directors/Trustees for **Centennial School District** reviewed and approved the Athletics Health and Safety Plan on **Tuesday, June 23, 2020.**

The plan was approved by a vote of: **Yes 9 No 0**

Affirmed on: **6/23/20** By:

(Signature of Board President) Andrew Dixon (original on file)

(Print Name of Board President) Andrew Dixon

The Board of Directors/Trustees for **Centennial School District** reviewed and approved the revised Athletics Health and Safety Plan on **Tuesday, September 8, 2020.**

The plan was approved by a vote of: **Yes 9 No 0**

Affirmed on: **9/08/2020** By:

(Signature of Board President) Andrew Dixon (original on file)

(Print Name of Board President) Andrew Dixon

The Board of Directors/Trustees for **Centennial School District** reviewed and approved the revised Athletics Health and Safety Plan on **Tuesday, September 22, 2020.**

The plan was approved by a vote of: **Yes** **No**

Affirmed on: **9/22/2020** By:

(Signature of Board President) _____

(Print Name of Board President) _____